

Relationships and Sex Education (RSE) at St Bede's Catholic Infant School



A Journey in Love

Early Years

The wonder of being special and unique

Aim: To explore the wonder of being special and unique.

Key Words: God, wonder, love, hands, fingers, nails, faces, noses, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special, womb, describe, friends, generous, worried, Baptism

Key Skills: listening, sharing, speaking, respecting, observing, praying, relating, celebrating and creating

Social and Emotional

Learning Intention: To recognise the joy of being a special person in my family.

Physical

Learning Intention: To recognise that we are all different and unique.

Spiritual

Learning Intention: To celebrate the joy of being a special person in God's family.



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Year One

We meet God's love in our family

Aim: To focus on families and specially growing up in a loving, secure and stable home.

Key Words: unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breast, nipple, waist, elbows, penis, vagina, vulva, bottom, anus, legs, knees, ankle, feet, toes.

Key Skills: listening, observing, relating, speaking, respecting, praying, reflecting, understanding, recognising, supporting, celebrating, deciding

Social and Emotional

Learning Intention: To recognise signs that I am loved in my family.



Physical

Learning Intention: To recognise how I am cared for and kept safe in my family.

Spiritual

Learning Intention: To celebrate ways that God loves and cares for us.



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Year Two

We meet God's love in the community

Aim: To describe how we are growing and developing in diverse communities that are God-given.

Key Words: community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal

Key Skills: listening, observing, relating, speaking, respecting, praying, reflecting, understanding, describing, recognising, informing, forgiving

Social and Emotional

Learning Intention: To recognise the joy and friendship of belonging to a diverse community.



Physical

Learning Intention: To describe ways of being safe in communities.



Spiritual

Learning Intention: To celebrate ways of meeting God in our communities.

