

St. Bede's Catholic Infant School



Curriculum Map for PSHE/SEAL/Relationships and Sex Education/Come & See

**'Learn to Love
Love to Learn'**

At St. Bede's Catholic Infant School it is the mission of the whole school community to nurture a loving, safe, caring, supportive, quality environment in which the individual has the opportunity to develop intellectually, spiritually, morally, socially and emotionally in an atmosphere of trust and mutual respect.

The DfE has stated as part of its National Curriculum Framework that, "All schools should make provision for PSHE education, drawing on good practice".

In the absence of a national programme of study from the DfE, the PSHE Association, in consultation with a wide variety of agencies and practitioners has produced its own programme of study based on the needs of today's pupils and schools.

This Curriculum Map identifies the key concepts and skills that underpin PSHE education, making links to our RE programme 'Come and See', to our Relationships and Sex Education (RSE) Programme 'Journey in Love', to Science, SEAL and School initiatives e.g. Cafod, Unicef RRSa etc. We have through this curriculum map, identified how we uphold the statutory responsibility to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life, underpinned by the Gospel Values of the Catholic Church.

It is significant to acknowledge that RE/RSE/PSHE/SEAL/Equalities are embedded in the Mission and ethos of school and across all aspects of school life.

Foundation Stage Personal, Social and Emotional Development (PSED) involves helping children to develop a positive sense of themselves, and others, to form positive relationships and develop respect for others, to develop social skills and learn how to manage their feelings, to understand appropriate behaviour in groups, and to have confidence in their own abilities.

The whole school takes part in Anti-Bullying Week and we follow the theme set by the Anti-Bullying Alliance each year. Throughout the school year children are made aware of how to feel good and feel safe and be good citizens keeping Gospel Values at the core of all learning. During Anti-Bullying Week we will focus on how children can:

- be made aware of the strategies to deal with issues of bullying and what to do in different situations, including situations of cyber bullying;*
- participate in role play work in class as part of PSHE and SEAL;*
- have a raised awareness of through RE, cross curricular themes, drama, story writing, literature and theatre visits on how to stay safe;*
- make links to their rights and how to be responsible;*
- stay safe on the internet in school and outside school;*
- be good role models for younger children.*
- know that feeling safe is dependent upon each individual having choice and control;*
- know how peer pressure should be challenged;*
- understand that families come in all shapes and sizes. Many families consist of a mother, father & children but not all families are like this.*

AUTUMN TERM Reception Class						
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE Journey in Love (JiL) Children will:	Links to SEAL	ELGs Knowledge & Understanding (People & Communities) Physical Development (Health & Self Care)	Links to CAFOD/ School Initiatives/Other
<p>Show Self-confidence and self-awareness:</p> <p>Manage feelings and behaviour:</p> <p>Make relationships:</p>	<p>Try new activities Say what they like or dislike Speak in a group Talk about their ideas Chose resources Say if they do or don't need help</p> <p>Talk about how they and others feel Talk about they and others behave Talk about consequences for behaviour Know some behaviour is unacceptable Work as a class or part of a group Understand and follow rules Adjust behaviour to different situations Adapt to changes in routine</p> <p>Play co-operatively, take turns Take account of one another's ideas Show sensitivity to others' needs and feelings Form positive relationships with both adults and other children Hear about the different types of families Explore the roles of individuals in the family</p>	<p>Domestic church Family-Myself God knows and loves each one of us</p> <p>Baptism/confirmation Belonging-Welcome Baptism; a welcome to God's family</p> <p>Advent/Christmas Loving-Birthday Looking forward to Jesus' birthday</p>	<p>Covered in the second half of the Spring term and Summer term</p> <p>God loves each one of us in our uniqueness</p> <p>Children know and understand that God has made them unique and that although we are all different we are all special to him.</p>	<p>SEAL NEW BEGINNINGS Belonging I know I belong to my class/group. I know the people in my class/group. I like belonging to my group/class/school. I know that people in my group/class like me. I like the ways we are all different.</p> <p>Self-awareness I can tell you something special about me.</p> <p>Understanding my feelings I can tell if I am happy or sad. I can let you know if I feel happy, excited, sad or scared. I know that it is OK to have any feeling but that it is not ok to behave in any way we like (if it hurts other people).</p> <p>Managing my feelings I know some ways to calm myself down when I feel scared or upset. Understanding the feelings of others I know that everybody in the world has feelings.</p> <p>Social skills I can share in a group. I can take turns in a group. I can join in with other children playing a game. I know how to be kind to people who are new or visiting the classroom.</p>	<p>Children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions. (P&C)</p> <p>They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently (H&SC)</p>	<p><u>Ongoing for all Year Groups</u> Antibullying Cafod Fairtrade ECO RRSA Healthy School Peer Massage Sunbeams British Values Prevent e-safety Pupil School Council/ Steering Groups Pupil Anti-bullying Ambassadors Pupil Play leaders and Sports Ambassadors Disability Equality Working Group</p> <p><u>Autumn Term Across all year Groups</u> Cafod Harvest Foodbank Anti-bullying Week (including protected characteristics) Parliament Week Arts and Awe and Wonder Week Community Arts Day</p> <p><u>'No Outsiders in our School'</u> Reading materials from this resource are used as relevant across the year</p> <p><u>Parents/Carers/Community</u> Cross reference to: Come and See links Home/School Books Home/School Diaries Proud Moments Slips Parental Involvement Programme School Website School Twitter Account</p>

				<p>Understanding rights and responsibilities I know what to do in my classroom/setting</p> <p>GETTING ON AND FALLING OUT</p> <p>Friendship I can play with other children. I know how to be friendly. I can say sorry when I have been unkind.</p> <p>Working together I can work in a group with other children. I can take turns when I play a game. I can wait for my turn to say something in the classroom. I can share a toy. I can ask for help when I am stuck.</p> <p>Managing feelings – anger I can express my feelings when I am angry. I can make myself feel better when I am angry.</p> <p>Resolving conflict I can make up when I have fallen out with a friend. I can think of ways to sort things out when we don't agree.</p> <p>Understanding my feelings I can tell when I am feeling angry. I can tell when other people are angry</p> <p>SAY NO TO BULLYING! I know I belong in my classroom. I like the way we are all different and can tell you something special about me. I can tell you some ways in which children can be unkind and bully others. I can tell you how it feels when someone bullies you.</p>	
--	--	--	--	--	--

				<p>I can be kind to children who have been bullied. I know who I could talk to in school if I was feeling unhappy or being bullied. I know what to do if I am bullied.</p> <p>ANTI-Bullying Week Activities</p>		
--	--	--	--	--	--	--

SPRING TERM Reception Class						
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE Journey in Love (JiL) Children will:	Links to SEAL	ELGs Knowledge & Understanding (People & Communities) (The World) Physical Development (Health & Self Care)	Links to CAFOD/School Initiatives/Other
<p>Show Self-confidence and self-awareness:</p> <p>Manage feelings and behaviour:</p> <p>Make relationships:</p>	<p>Try new activities Say what they like or dislike Speak in a group Talk about their ideas Chose resources Say if they do or don't need help</p> <p>Talk about how they and others feel Talk about they and others behave Talk about consequences for behaviour Know some behaviour is unacceptable Work as a class or part of a group Understand and follow rules Adjust behaviour to different situations Adapt to changes in routine</p> <p>Play co-operatively, take turns Take account of one another's ideas Show sensitivity to others' needs and feelings Form positive relationships with both adults and other children</p>	<p>Local church Community- Celebrating People celebrate in Church</p> <p>Eucharist Relating- Gathering The parish family gathers to celebrate the Eucharist</p> <p>Lent/Easter Giving- Growing Looking forward to Easter</p>	<p>Covered in the second half of the Spring term and Summer term</p> <p>God loves each one of us in our uniqueness</p> <p>Children know and understand that God has made them unique and that although we are all different we are all special to him.</p> <p><u>Physical</u> Does it matter if we are different? How are we different?</p> <p><u>Social</u> With whom do I play with at school/home? Why does x play with me?</p> <p><u>Emotional</u> How do you feel about your friends? Do you both have other friends at home/school? Why do you play with them?</p> <p><u>Intellectual</u> Is it important to have friends? Describe a good friend.</p> <p><u>Spiritual</u> Is Jesus our friend? Jesus makes children welcome-scripture. Who is the mother of Jesus? Why is she special? Jesus grew for nine months in Mary's womb.</p>	<p>SEAL GOING FOR GOALS Knowing myself I know that I can do more things now than I could when I was younger. I know that I will be able to do more things when I am older. I know that we are all good at different things. I can tell you what I like doing and learning. I can try new things in my learning. Setting a realistic goal I can tell you what a goal is. I can set a goal for myself. I can tell you what I want to achieve and how I am going to do so. Planning to reach a goal I can say what I am going to do next. Persistence I can focus my attention and start a task. I can sustain my attention. I can work hard to achieve my goal. I know that working hard is important to reaching my goal. Evaluation and review I can tell you what I have done and the things that worked well.</p>	<p>They make observations of animals and plants and explain why some things occur, and talk about changes (W)</p> <p>Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe (H&SC)</p>	<p><u>Ongoing for all Year Groups</u> Antibullying Cafod Fairtrade ECO RRSA Healthy School Peer Massage Sunbeams British Values Prevent e-safety Pupil School Council/ Steering Groups Pupil Anti-bullying Ambassadors Pupil Play leaders and Sports Ambassadors Disability Equality Working Group</p> <p><u>Spring Term</u> <u>Across all year Groups</u> Cafod Lent Lenten Foodbank Health and Well-being Week Life Education Fairtrade Fortnight Nugent Care</p> <p>'No Outsiders in our School' Reading materials from this resource are used as relevant across the year</p> <p><u>Parents/Carers/Community</u> Cross reference to: Come and See links Home/School Books Home/School Diaries Proud Moments Slips Parental Involvement Programme School Website School Twitter Account</p>

				<p>SEAL GOOD TO BE ME Knowing myself I can tell you the things I like doing and the things I don't like doing. I can say how I feel when I am feeling proud.</p> <p>Understanding my feelings I can tell when I am feeling excited. I can tell or show how I feel when I am excited. I can say and show you when I am feeling good and happy. I can tell or show what feeling proud looks like.</p> <p>Managing my feelings I can stay still and quiet for a short time. I can relax with help.</p> <p>Standing up for myself I can say what I need. I can stand up for my own needs and rights without hurting others</p>		
--	--	--	--	--	--	--

SUMMER TERM Reception Class						
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE Journey in Love (JiL) Children will:	Links to SEAL	ELGs Knowledge & Understanding the World (People & Communities) Physical Development (Health & Self Care)	Links to CAFOD/School Initiatives/Other
<p>Show Self-confidence and self-awareness:</p> <p>Manage feelings and behaviour:</p> <p>Make relationships:</p>	<p>Try new activities Say what they like or dislike Speak in a group Talk about their ideas Chose resources Say if they do or don't need help</p> <p>Talk about how they and others feel Talk about they and others behave Talk about consequences for behaviour Know some behaviour is unacceptable Work as a class or part of a group Understand and follow rules Adjust behaviour to different situations Adapt to changes in routine</p> <p>Play co-operatively, take turns Take account of one another's ideas Show sensitivity to others' needs and feelings Form positive relationships with both adults and other children</p>	<p>Pentecost Serving Good News Passing on the Good news of Jesus</p> <p>Reconciliation Interrelating Friends Friends of Jesus</p> <p>Universal Church World Our world God's wonderful world</p>	<p>Covered in the second half of the Spring term and Summer term (See above)</p> <p>God loves each one of us in our uniqueness</p> <p>Children know and understand that God has made them unique and that although we are all different we are all special to him.</p>	<p>SEAL Relationships Understanding my feelings I can tell when I am feeling sad or angry. I can show someone when I am feeling sad, angry or happy. I can tell you how it feels when things are unfair. I can tell you how I feel if I am missing someone or have lost someone or something I care about. Managing my feelings I am beginning to understand that if someone leaves me they can still love me. I can remember someone I care about even if they are not there. I can talk about how I can feel better when I am feeling sad or am missing someone. Understanding the feelings of others I can tell if someone is happy, sad or angry. Making choices I can tell you what is fair and unfair. I can tell you when I think things are fair or unfair. I know some ways I can make things fair.</p> <p>SEAL CHANGES Knowing myself I can tell you what I can do now that I couldn't do when I started school/nursery. I can tell you how I have changed.</p>	<p>Children know about similarities and differences in relation to places, objects, materials and living things. They talk about the features of their own immediate environment and how environments might vary from one another (W)</p>	<p><u>Ongoing for all Year Groups</u> Antibullying Cafod Fairtrade ECO RRSA Healthy School Peer Massage Sunbeams British Values Prevent e-safety Pupil School Council/Steering Groups Pupil Anti-bullying Ambassadors Pupil Play leaders and Sports Ambassadors Disability Equality Working Group</p> <p><u>Summer Term</u> <u>Across all year Groups</u> Community Arts/Mission Statement/Equalities Day Anti-bullying Kindness Day Sports Week Children's University Celebration</p> <p><u>'No Outsiders in our School'</u> Reading materials from this resource are used as relevant across the year</p> <p><u>Parents/Carers/Community</u> Cross reference to: Come and See links Home/School Books Home/School Diaries Proud Moments Slips Parental Involvement Programme School Website School Twitter Account</p>

				<p>Understanding my feelings I can remember feelings I have had, and why I felt like that. I can sometimes tell you how change makes me feel. When I feel bad, I know that it helps to do something different.</p> <p>Understanding the feelings of others I know that sometimes when people are not very nice to me it is because they don't feel very good inside. I know how to help someone when they are feeling sad.</p> <p>Making choices I can tell you what I did with my class/group to make the outdoor area/classroom/setting better.</p>		
--	--	--	--	--	--	--

AUTUMN TERM YEAR 1						
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE Journey in Love (JiL) Children will:	Links to SEAL	Links to Science (2014) STAT (Bold)	Links to CAFOD/Other
Our Lives (RSE - bodies and hygiene)	<p>Know that they can explore the world through their senses</p> <p>Learn how to make simple choices which improve their health and well being</p> <p>Learn how to maintain personal hygiene</p> <p>Be aware of the process of growing from young to old and the changing needs that brings</p>	<p>Domestic church</p> <p>Family-Families</p> <p>God's love and care for every family</p> <p>Baptism/Confirmation</p> <p>Belonging-Belonging</p> <p>Baptism an invitation to belong to God's family</p> <p>Advent/Christmas</p> <p>Loving-Waiting</p> <p>Advent a time to look forward to Christmas</p>	<p>Covered across the Summer term</p> <p>We meet God's love in our family</p>	<p>SEAL</p> <p>New Beginnings</p> <p>Belonging</p> <p>I know that I belong to a community.</p> <p>I feel good about the way we are similar in the group and the way I am different.</p> <p>Self-awareness</p> <p>I can tell you how I am the same as and different from my friends.</p> <p>I feel good about my strengths.</p> <p>Managing my feelings</p> <p>I know some more ways to calm myself down when I feel scared or upset.</p> <p>Understanding others' feelings</p> <p>I can sometimes tell if other people are feeling sad or scared and I know how to make people feel better.</p> <p>Making choices</p> <p>I know some ways to solve a problem.</p> <p>Understanding rights and responsibilities</p> <p>I can help to make the class a safe and fair place.</p> <p>I can help to make my class a good place to learn.</p> <p>I know what I have to do myself to make the classroom and school a safe and fair place for everyone, and that it is not OK for other people to make it unsafe or unfair.</p>	<p>See Spring term</p>	<p><u>Ongoing for all Year Groups</u></p> <p>Anti-bullying Cafod Fairtrade ECO RRSA Healthy School Peer Massage Sunbeams British Values Prevent e-safety Pupil School Council/ Steering Groups Pupil Anti-bullying Ambassadors Pupil Play leaders and Sports Ambassadors Disability Equality Working Group</p> <p><u>Autumn Term</u></p> <p><u>Across all year Groups</u></p> <p>Cafod Harvest Foodbank Anti-bullying Week (including protected characteristics) Parliament Week Arts and Awe and Wonder Week Community Arts Day</p> <p><u>'No Outsiders in our School'</u></p> <p>Reading materials from this resource are used as relevant across the year</p> <p><u>Parents/Carers/Community</u></p> <p>Cross reference to: Come and See links Home/School Books Home/School Diaries Proud Moments Slips Parental Involvement Programme School Website School Twitter Account</p>

				<p>GETTING ON AND FALLING OUT</p> <p>Friendship I can tell you what being a good friend means to me. I can listen well to other people when they are talking.</p> <p>Working together I can work well in a group.</p> <p>Managing feelings -anger I know when I am starting to feel angry. I know what happens on the inside and the outside of my body when I start to get angry. I know some ways to calm down when I am starting to feel angry.</p> <p>Resolving conflict I know how to make up with a friend when we have fallen out. I can use the peaceful problem-solving process to sort out problems so both people feel OK</p> <p>SAY NO TO BULLYING I can tell you what bullying is. I can tell you some ways in which I am the same as and different from my friends. I am proud of the ways in which I am different. I can tell you how someone who is bullied feels. I can be kind to children who are bullied. I know that when you feel sad, it affects the way you behave and how you think. I know some people in and out of school who I could talk to if I was feeling unhappy or being bullied. I know what to do if I am bullied.</p> <p>ANTI-Bullying Week Activities</p>		
--	--	--	--	--	--	--

SPRING TERM YEAR 1						
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE Journey in Love (JiL) Children will:	Links to SEAL	Links to Science (2014) STAT (Bold)	Links to CAFOD/Other
Our Lives (Drugs Education - safety and wellbeing)	Learn about rules that are made to keep us safe Know how to make simple choices which improve their health and well-being	<p>Local church Community-Special people People in the parish family</p> <p>Eucharist Relating- Meals Mass; Jesus' special Meal</p> <p>Lent/Easter Giving-Change Lent a time for change</p>	<p>Covered across the Summer term</p> <p>We meet God's love in our family</p>	<p>SEAL GOING FOR GOALS Knowing myself I know we learn in different ways. I can tell you some of my strengths as a learner. I can tell you how I learn best. Setting a realistic goal I can choose a realistic goal. I can predict and understand the consequences of reaching my goal. I can say what I want to happen when there is a problem (set a goal). Planning to reach a goal I can break a goal down into small steps. I can choose a realistic goal. Persistence I can resist distractions. Making choices I can think of lots of different ideas or solutions to problems. I can predict and understand the consequences of my solutions or ideas. Evaluation and review I can learn from my successes.</p>	<p>Identify, name, draw and label the basic parts of the human body and say what part of the body is associated with each sense.</p> <p>Pupils should have opportunities to learn the names of the main body parts (including head, neck, arms, elbows, legs, knees, face, ears, eyes, hair, mouth, teeth) through games, actions, songs and rhymes</p> <p>Notice that animals including humans have offspring which grow into adults. Find out and describe the basic needs of animals including humans for survival (water, food, air) Describe the importance for humans to exercise, eating the right amounts of different foods and hygiene.</p> <p>Focus on growth, pupils should not be expected to understand how reproduction occurs.</p>	<p>Ongoing for all Year Groups Antibullying Cafod Fairtrade ECO RRSA Healthy School Peer Massage Sunbeams British Values Prevent e-safety Pupil School Council/ Steering Groups Pupil Anti-bullying Ambassadors Pupil Play leaders and Sports Ambassadors Disability Equality Working Group</p> <p>Spring Term Across all year Groups Cafod Lent Lenten Foodbank Health and Well-being Week Life Education Fairtrade Fortnight Nugent Care</p> <p><u>'No Outsiders in our School'</u> Reading materials from this resource are used as relevant across the year</p> <p>Parents/Carers/Community Cross reference to: Come and See links Home/School Books Home/School Diaries Proud Moments Slips Parental Involvement Programme School Website School Twitter Account</p>

				<p>GOOD TO BE ME</p> <p>Knowing myself I can tell you something that makes me feel proud. I can tell you about my 'gifts and talents'.</p> <p>Understanding my feelings I can tell when I am feeling proud. I can help another person feel proud. I can tell when I am feeling worried or anxious.</p> <p>Managing my feelings I can explain some things that help me stop worrying.</p> <p>Making choices I can use the problem-solving process.</p>		
--	--	--	--	---	--	--

SUMMER TERM YEAR 1						
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE Journey in Love (JiL) Children will:	Links to SEAL	Links to Science (2014) STAT (Bold)	Links to CAFOD/Other
<p>Our Lives (Difference and Diversity)</p> <p>Environment</p>	<p>Identify ways in which they can enhance their family lives Listen to, work and play co-operatively with others Recognise what makes something fair or unfair Become aware of the rich variety of different cultures in our society Respect the similarities and differences between people Hear about different forms of communication media</p> <p>What improves and harms their local environment and some of the different ways people look after it</p>	<p>Pentecost Serving-Holidays & Holydays Pentecost: feast of the Holy Spirit</p> <p>Reconciliation Inter-relating-Being sorry God helps us to choose well Sacrament of Reconciliation</p> <p>Universal Church World-Neighbours Neighbours share God's world</p>	<p>Covered across the Summer term</p> <p>We meet God's love in our family</p> <p>Physical Who is in my family? Do you have babies in your family? Discuss differences and how babies change and grow.</p> <p>Social Share their own growth and development Emotional What are the happiest moments in your family? How is love shown in your family</p> <p>Intellectual Why do we need to grow up in families</p> <p>Spiritual We are members of God's family. How where we born into God's family? What special titles do we give to God as members of His family?</p>	<p>SEAL RELATIONSHIPS Knowing myself I know the people who are important to me. Understanding my feelings I understand that being unkind and hurting someone doesn't make me feel better. Managing my feelings I can tell you something that has made me jealous. I can feel proud on behalf of my friends when they have done something well. I can tell when I am proud or jealous I can make myself feel better without hurting others</p> <p>CHANGES Knowing myself I can tell you some things about me that have changed and some things that will not change. I can tell you how I might change in the future. I know that some changes are natural and happen 'by themselves'. I know different ways that help me to learn to do things. Making choices I can tell you about changes that I can make happen. I can make some changes quickly and easily. I know that to make some changes is hard and takes a long time</p>	<p>See Spring term</p>	<p>Ongoing for all Year Groups Antibullying Cafod Fairtrade ECO RRSA Healthy School Peer Massage Sunbeams British Values Prevent e-safety Pupil School Council/ Steering Groups Pupil Anti-bullying Ambassadors Pupil Play leaders and Sports Ambassadors Disability Equality Working Group</p> <p>Summer Term Across all year Groups Community Arts/Mission Statement/Equalities Day Anti-bullying Kindness Day Sports Week Children's University Celebration</p> <p>'No Outsiders in our School' Reading materials from this resource are used as relevant across the year</p> <p>Parents/Carers/Community Cross reference to: Come and See links Home/School Books Home/School Diaries Proud Moments Slips Parental Involvement Programme School Website School Twitter Account</p>

AUTUMN TERM YEAR 2						
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE Journey in Love (JiL) Children will:	Links to SEAL	Links to Science (2014) STAT (Bold)	Links to CAFOD/Other
Our Lives (RSE - the human body)	Appreciate that some diseases spread and can be controlled Recognise that they belong to distinct family groups	<p>Domestic church Family-Beginnings God at every beginning</p> <p>Baptism/confirmation Belonging-Signs & Symbols Signs & symbols in Baptism</p> <p>Advent/Christmas Loving-Preparations Advent; preparing to celebrate Christmas</p>	<p>Covered across the Summer term</p> <p>We meet God's love in the community</p> <p>Children know and understand that they are growing and developing in a God given community.</p>	<p>SEAL – NEW BEGINNINGS Belonging I know that I belong to a community. I know that I belong to a range of communities (class / group). I feel safe and content within my class. I know how to make someone feel welcome. I feel good about the ways we are similar in the group and the ways I am different. Self-awareness I feel good about my strengths. Managing my feelings I know some more ways to calm myself down when I feel scared or upset. Understanding others' feelings I can sometimes tell if other people are feeling sad or scared and I know how to make people feel better. Making choices I know some ways to solve a problem. Understanding rights and responsibilities I can help to make the class a safe and fair place.</p> <p>GETTING ON AND FALLING OUT Friendship I can make someone else feel good by giving them a compliment. I know what to say when someone gives me a compliment.</p>	See Spring term	<p>Ongoing for all Year Groups Anti-bullying Cafod Fairtrade ECO RRSA Healthy School Peer Massage Sunbeams British Values Prevent e-safety Pupil School Council/ Steering Groups Pupil Anti-bullying Ambassadors Pupil Play leaders and Sports Ambassadors Disability Equality Working Group</p> <p>Autumn Term Across all year Groups Cafod Harvest Foodbank Anti-bullying Week (including protected characteristics) Parliament Week Arts and Awe and Wonder Week Community Arts Day</p> <p>'No Outsiders in our School' Reading materials from this resource are used as relevant across the year</p> <p>Parents/Carers/Community Cross reference to: Come and See links Home/School Books Home/School Diaries Proud Moments Slips Parental Involvement Programme School Website School Twitter Account</p>

				<p>Seeing things from another point of view I know that people don't always see things in the same way. I can see things from someone else's point of view.</p> <p>Working together I can decide with my group about how well we have worked together.</p> <p>Managing feelings -anger I know that sometimes anger builds up and up and that I can be overwhelmed by my feelings.</p> <p>Resolving conflict I can use my ability to see things from the other point of view to make a conflict situation better.</p> <p>SAY NO TO BULLYING I can tell you what bullying is. I can tell you some ways in which I am the same as and different from my friends. I am proud of the ways in which I am different. I can tell you how someone who is bullied feels. I can be kind to children who are bullied. I know that when you feel sad, it affects the way you behave and how you think. I know some people in and out of school who I could talk to if I was feeling unhappy or being bullied. I know what to do if I am bullied.</p> <p>Anti-Bullying Week Activities</p>	
--	--	--	--	--	--

SPRING TERM YEAR 2						
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE Journey in Love (JiL) Children will:	Links to SEAL	Links to Science (2014) STAT (Bold)	Links to CAFOD/Other
<p>Our Lives (Drugs Education - medicines and safety)</p>	<p>Learn that all medicines are drugs but not all drugs are medicines Learn basic road safety rules Investigate the ways in which exercise and rest help develop healthy bodies Learn how to make simple choices that improve their health and well-being</p>	<p>Local church Community-Books The books used in Church</p> <p>Eucharist Relating-Thanksgiving Mass a special time for saying thank you to God for everything, especially Jesus</p> <p>Lent/Easter Giving-Opportunities Lent; an opportunity to start anew in order to celebrate Jesus' new life</p>	<p>Covered across the Summer term</p> <p>We meet God's love in the community</p> <p>Children know and understand that they are growing and developing in a God given community.</p>	<p>SEAL GOING FOR GOALS Knowing myself I can tell you how I learn best. Setting a realistic goal I can choose a realistic goal. I can say what I want to happen when there is a problem (set a goal). Planning to reach a goal I can break a goal down into small steps. I can choose a realistic goal. Persistence I can work towards a reward or for the satisfaction of finishing a task. I can recognise when I am becoming bored or frustrated. I know some ways to overcome boredom and frustration. Making choices I can choose between my ideas and give reasons. Evaluation and review I can learn from my successes. I can tell you what I have learned. I can tell you what I might do differently to learn more effectively. I can tell you why things have been successful.</p> <p>GOOD TO BE ME Knowing myself I can tell you the things that I am good at and those things that I find more difficult. I know when and how I learn best.</p>	<p>Identify, name, draw and label the basic parts of the human body and say what part of the body is associated with each sense.</p> <p>Pupils should have opportunities to learn the names of the main body parts (including head, neck, arms, elbows, legs, knees, face, ears, eyes, hair, mouth, teeth) through games, actions, songs and rhymes</p> <p>Notice that animals including humans have offspring which grow into adults. Find out and describe the basic needs of animals including humans for survival (water, food, air) Describe the importance for humans to exercise, eating the right amounts of different foods and hygiene.</p> <p>Focus on growth, pupils should not be expected to understand how reproduction occurs.</p>	<p>Ongoing for all Year Groups Antbullying Cafod Fairtrade ECO RRSA Healthy School Peer Massage Sunbeams British Values Prevent e-safety Pupil School Council/ Steering Groups Pupil Anti-bullying Ambassadors Pupil Play leaders and Sports Ambassadors Disability Equality Working Group</p> <p>Spring Term Across all year Groups Cafod Lent Lenten Foodbank Health and Well-being Week Life Education Fairtrade Fortnight Nugent Care</p> <p>'No Outsiders in our School' Reading materials from this resource are used as relevant across the year</p> <p>Parents/Carers/Community Cross reference to: Come and See links Home/School Books Home/School Diaries Proud Moments Slips Parental Involvement Programme School Website School Twitter Account</p>

				<p>I can tell when a feeling is weak and when it is strong. I can tell when I am being impulsive and when I am thinking things through.</p> <p>Understanding my feelings</p> <p>I know more names for feelings than I did before. I can use more words to express my feelings. I can tell you some things that make me feel anxious. I can tell you something that makes me proud.</p> <p>Managing my feelings</p> <p>I can show or tell you what relaxed means. I know what makes me feel relaxed and what makes me feel stressed. I know what it feels like to be relaxed. I can be still and quiet and relax my body. I can change my behaviour if I stop and think about what I am doing.</p> <p>Standing up for myself</p> <p>I can tell when it is right to stand up for myself. I know how to stand up for myself</p>	
--	--	--	--	--	--

SUMMER TERM YEAR 2						
PSHE Opportunities for pupils to:	Children are able to:	Links to Come & See Topics	Links to RSE Journey in Love (JiL) Children will:	Links to SEAL	Links to Science (2014) STAT (Bold)	Links to CAFOD/Other
<p>Our Lives (Difference and Diversity)</p> <p>Environment</p> <p>Money Management</p>	<p>Recognise the need to cooperate in work and play Provide opportunities to explore celebrations in different cultures Appreciate that advertising is part of contemporary life and its effects on our way of life</p> <p>Begin to appreciate their responsibility for the world investigate things which improve or harm the local and national environment and the things people do to care for it Recognise that some of the earth's resources are finite and therefore must be used responsibly by all of us</p> <p>Recognise that money comes from different sources and can be used for different purposes</p>	<p>Pentecost Serving-Spread the word Pentecost a time to spread the Good News</p> <p>Reconciliation Inter-relating-Rules Reasons for rules in the Christian family Sacrament of Reconciliation</p> <p>Universal Church World-Treasures God's treasure; the world</p>	<p>Covered across the Summer term</p> <p>We meet God's love in the community</p> <p>Children know and understand that they are growing and developing in a God given community.</p> <p>Physical Do you belong to a community? What other communities do you belong to? How do you belong to a community?</p> <p>Social Is belonging to a community important? What do we receive/give to the community we belong to?</p> <p>Emotional How does a community help us to develop our feelings and emotions? Are we always happy in our community? Are we as a community sometimes sad or upset?</p> <p>Intellectual Could people feel alone even though they belong to a community? What would they miss out on? What are the advantages of being on your own?</p>	<p>SEAL RELATIONSHIPS Knowing myself I can tell when I feel cared for. I can tell when I love or care for someone. Understanding my feelings I can tell you how I feel when I lose someone or something I care about. Managing my feelings I can share people I care about. I can talk about my feelings when I feel alone. Understanding the feelings of others I understand that if someone leaves me they might still love me. I understand that people have to make hard choices and sometimes they have no choice.</p> <p>CHANGES Knowing myself I can tell you what a habit is and know that it is hard to change one. I know what it means when something is or isn't your fault. Planning to reach a goal I can tell you about a plan I have made with my class to change something in our school. I can plan to overcome obstacles that might get in the way. Making choices I know that I make my own choices about my behaviour</p>	<p>See Spring term</p>	<p>Ongoing for all Year Groups Antibullying Cafod Fairtrade ECO RRSA Healthy School Peer Massage Sunbeams British Values Prevent e-safety Pupil School Council/ Steering Groups Pupil Anti-bullying Ambassadors Pupil Play leaders and Sports Ambassadors Disability Equality Working Group</p> <p>Summer Term Across all year Groups Community Arts/Mission Statement/Equalities Day Anti-bullying Kindness Day Sports Week Children's University Celebration</p> <p>'No Outsiders in our School' Reading materials from this resource are used as relevant across the year</p> <p>Parents/Carers/Community Cross reference to: Come and See links Home/School Books Home/School Diaries Proud Moments Slips Parental Involvement Programme School Website School Twitter Account</p>