

Come and See and Relationship and Sex Education



Introduction

The following is intended as a guide for linking Relationship and Sex Education with Come and See. Some of these aspects might be covered in the EXPLORE section where the topic is being introduced, starting with the pupil's own experience, and extending into the REVEAL and RESPOND sections. Some ideas may be used in the REVEAL process where the teaching is explicitly concerned with Scripture and the teaching of the Church. Some topics offer more explicit teaching to develop ideas about Relationship and Sex Education, some less so.

Another way of using this section is when teaching Religious Education which occurs in other aspects of the curriculum e.g. Science, P.E, PSHE etc.

| EARLY YEARS | | |
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| MYSELF | God knows and loves each one | <ul style="list-style-type: none"> • Each one's name is important • I am special and have a special name • I have a family name • Everyone is precious to God |
| WELCOME | Baptism a welcome to God's family | <ul style="list-style-type: none"> • How we are made to feel welcome • How do we show others that they are welcomed? • How is a baby welcomed into a family |
| BIRTHDAY | Looking forward to Jesus' birthday | <ul style="list-style-type: none"> • Why do we celebrate birthdays? • What a birthday is • What people do while they wait for a birthday • Some of the ways birthdays are celebrated |
| CELEBRATING | People celebrate in church | <ul style="list-style-type: none"> • Why is celebrating important? • What is good about celebrating together? • What a celebration is • Different elements of celebration • Different ways of celebrating |

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| GATHERING | The parish family gathers to celebrate Eucharist | <ul style="list-style-type: none"> • Why do we gather together? • How we gather as a church/parish family • What are the things that are better done together and why? • The importance of gathering |
| GROWING | Looking forward to Easter | <ul style="list-style-type: none"> • The ways in which we grow • That spring is a time when things begin to grow • The ways in which we can grow in love to be more like Jesus |
| GOOD NEWS | Passing on the Good News of Jesus | <ul style="list-style-type: none"> • How they and others feel when they have good news. • The joy and happiness the good news brings • That everyone has good news to share |
| FRIENDS | Friends of Jesus | <ul style="list-style-type: none"> • how friends make us feel happy, comfortable and glad • What breaks and mends friendships: • It is good to have friends • How we can change and say sorry and forgive each other |
| OUR WORLD | God's wonderful world | <ul style="list-style-type: none"> • How wonderful our world is • How we could make God's world even more wonderful • What would happen if we did not look after our world? • What we love about our world. • What fills us with wonder about our world. • Everyone shares God's world. • How we would feel if we did not work together to share God's world. |

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| YEAR 1 | | |
| FAMILIES | God's love and care for every family | <ul style="list-style-type: none"> • How families show love and care for each other. • God's love and care for them and their families. • How God shows love and care for individuals, families and all of creation |

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| BELONGING | Baptism an invitation to belong to God's family | <ul style="list-style-type: none"> • What it feels like to belong • The experience of belonging to their family and the Church family • How babies are welcomed into the Church family.? • Parents are blessed. |
| WAITING | Advent a time to look forward to Christmas | <ul style="list-style-type: none"> • How we feel when we are waiting • Why waiting can be difficult at times • Others may help us as we wait • We can help others. |
| SPECIAL PEOPLE | People in the parish family | <ul style="list-style-type: none"> • Special people help us • What makes a person special • How we can love and serve each other • There are people who do special jobs at Mass when the parish family gathers • Some of ways in which these people help |
| MEALS | Mass; Jesus' special meal | <ul style="list-style-type: none"> • What important for a happy meal • What makes a family meal special. • Preparation for a meal. • How we love and serve Jesus • How it is good to say thank you for our meals |
| CHANGE | Lent; a time for change | <ul style="list-style-type: none"> • How the season change. • The ways we change and grow in love and kindness. • How we can change and make a new start in Lent. |
| HOLIDAYS AND HOLYDAYS | Pentecost: the feast of the Holy Spirit | <ul style="list-style-type: none"> • Why are holidays different from ordinary days • What makes holidays happy times • How holidays are times to relax and do something different • We should thank God for holidays and our wonderful world |
| BEING SORRY | God helps us to choose well | <ul style="list-style-type: none"> • Making choices that help us feel happy. • Making choices that make us feel unhappy. |

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| | | <ul style="list-style-type: none"> • What helps us to make good choices. • How would it be if everyone followed Jesus' new rule to 'love one another'. • Sometimes hard to say sorry and to forgive. • It is good to say sorry • The end of the day is a good time to reflect on the choices made and to ask God's forgiveness. |
| NEIGHBOURS | Neighbours share God's world | <ul style="list-style-type: none"> • Who is our neighbour? • What makes a good neighbour? • How we can be a good neighbour • What happens if someone is not a good neighbour |

YEAR 2

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| BEGINNINGS | God is present in every beginning | <ul style="list-style-type: none"> • How you feel when you begin anything new • Why some beginnings are easy and some are difficult • How we begin our day • How each day is a new beginning. • God cares for everyone. • God being present in all new beginnings |
| SIGNS & SYMBOLS | Signs and symbols used in Baptism | <ul style="list-style-type: none"> • The meaning and importance of some symbols in life. • The power of symbols to convey meaning • Some of the signs and symbols in daily life |
| PREPARING | Advent; preparing to celebrate Christmas | <ul style="list-style-type: none"> • Why is it necessary to prepare? • What would happen if you didn't prepare? • How you feel when you are preparing for special times? • What is the best way to prepare for Jesus' coming? |
| BOOKS | The books used in Church | <ul style="list-style-type: none"> • The importance of books in our lives. • The need for books • How books can help us |

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| THANKSGIVING | Mass a special time for saying thank you to God for everything, especially Jesus | <ul style="list-style-type: none"> • How you feel when you thank others • How you feel when you are thanked • Why we thank God our Father • How the parish family can spread the message of thanksgiving and peace. |
| OPPORTUNITIES | Lent an opportunity to start anew in order to celebrate Jesus' new life | <ul style="list-style-type: none"> • How each day offers opportunities for good • What helps a person choose well • The opportunity of Lent offers to make a new start. |
| SPREAD THE WORD | Pentecost a time to spread the Good News | <ul style="list-style-type: none"> • The importance of messages in daily life • The responsibility of passing on messages • The new life of Jesus • How the Holy Spirit helps Christians • Jesus has promised us new life |
| RULES | Reasons for rules in the Christian family | <ul style="list-style-type: none"> • The importance for ourselves and others of keeping rules. • How rules are necessary in life • How it is sometimes hard to say sorry • How it is sometimes hard to forgive others • The good feeling when people make up • The difference between doing something accidentally and on purpose. • The importance and helpfulness of examining your conscience every day. • A sorry prayer |
| TREASURES | God's treasure; the world | <ul style="list-style-type: none"> • What we treasure • What treasures do we share? • We are God's treasure • How we thank God for the treasures of our world • How we should treat the treasures of this earth |

