

HeadzUp Halton

A young
people's
mental health
drop in.

The Mersey Care Children and Young People's Mental Health Team is providing a young people's drop in. It is informal and for children and young people aged 17 and under and their families or carers.

Drop by to see us:

Every Tuesday from 2.30pm to 4.30pm at **The Hub, Grangeway, Runcorn, WA7 5HA**

Starting 6 June 2024

Every Thursday from 2.30pm to 4.30pm at **Warrington Road Childrens Centre, Widnes, WA8 0BS**

The hubs are in the community and are supported by mental health staff from the children and young people's mental health team who can provide support and advice.

If you have any questions about these sessions you can call us on **01928 568 162** (Monday to Friday 9am to 5pm).

This is not a CRISIS service. You can contact the crisis team on **01744 415 640**, 24 hours a day seven days a week.